

Course Title & Brief Overview	Date & Registration	Course Leader
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<p>Introduction To Motivational Interviewing For Changing Addictive Behaviours, Introduction To Clinical Skills ONLINE & IN PERSON OPTIONS</p> <p>Explore the fundamental spirit and principles of MI; strengthen your empathic listening skills (OARS); understand and practice the directive aspects of MI; experience and practice MI style for meeting resistance and learn the fundamental language cues of changetalk & sustain talk (resistance).</p>	<p>Online Mondays, Feb 20th, 27th & March 6th, 9.30am - 1pm (all 3 sessions to be attended) REGISTER HERE OR In person Ennis, Tues 16th & Weds 17th May, 10am - 4.15pm REGISTER HERE</p>	<p>Anna O'Neill, Education Officer, HSE Midwest Drug & Alcohol Services, Member of Motivational Network of Trainers (MINT)</p>
<p>Basic Drug Awareness Seminar IN PERSON (new EVENING option)</p> <p>Common drugs of addiction, legal & illegal; their effects and risks. Appearance & cost of street drugs. Possible signs & symptoms of substance use. Overview of current treatment options & support services in the Midwest.</p>	<p>In-Person Limerick, Weds 15th March 6pm - 9pm Limerick Education Centre, Dooradoyle, Limerick REGISTER HERE OR In-Person Nenagh, Tues 13th June, 10.00am - 1.30pm REGISTER HERE</p>	<p>Sancha Power, PhD, Education Officer, HSE Midwest Drug & Alcohol Services</p>
<p>Women & Substance Use: The Path to Recovery IN PERSON</p> <p>Session two in our women and substance use series. Conversations & coffee - This session seeks to build on our last session where we will explore the path to recovery, developing awareness and understanding about what makes recovery different for women. Come join us to explore more. Also open to those who have not attended session 1.</p>	<p>In-Person Limerick, Tues 21st March, 10am - 1pm REGISTER HERE</p>	<p>Sancha Power, PhD, Education Officer, HSE Midwest Drug & Alcohol Services & David McPhillips, Midwest Service Manager, Coolmine Community & Residential Services Limerick</p>
<p>Overdose Awareness & Naloxone© Administration Training IN PERSON</p> <p>Aim of the course is to provide frontline workers with the knowledge and skills to understand, recognise, intervene and respond to an opioid overdose, including the understanding and administration of Naloxone.</p>	<p>In-Person Limerick city, Thurs 23rd March 2023, 10am – 2pm REGISTER HERE OR In-Person Thurles, Thurs 1st June 2023, 10am – 2pm REGISTER HERE</p>	<p>Deirdre O'Donoghue, Education Officer, HSE Midwest Drug & Alcohol Services</p>
<p>Cocaine and Crack Cocaine Workshop – With introduction to the Janus method IN PERSON</p> <p>In this workshop, you will learn details of the manufacture, pharmacology, pharmacokinetics and risks of cocaine and crack cocaine. We also will introduce, demonstrate and discuss the Janus treatment approach known as 'The Resonance Factor', and which can be applied to working with those who use cocaine and crack cocaine.</p>	<p>In-Person Limerick, Weds 29th March, 9.45am - 4.45pm REGISTER HERE</p>	<p>Mick Lacey, Trainer in the Janus Method, Chair of the Midwest Regional Drug & Alcohol Forum, and Lecturer in various Third Level Institutions in Counselling and Addiction Studies</p>

BOOKING SYSTEM

Use the REGISTER HERE link beneath the course dates for the course you wish to book.

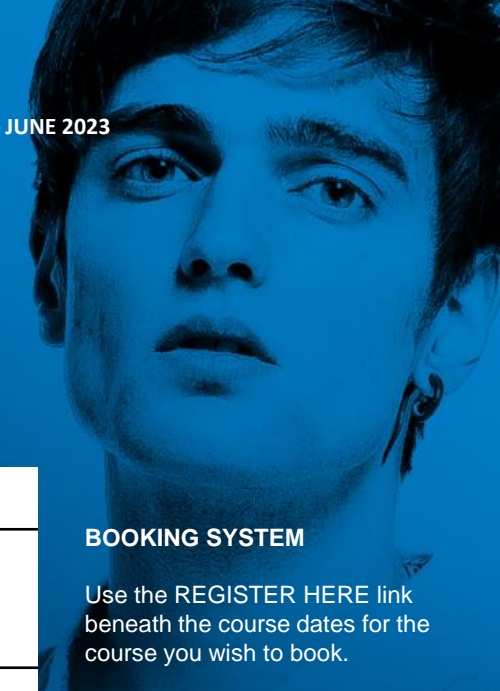
A completed registration does not confirm a training place. Confirmation will follow at the earliest opportunity. Queries can be sent to Sharon Lavery sharon.lavery1@hse.ie 065 6865852

Please circulate this information to colleagues in your own and other agencies as appropriate.

All courses are open to HSE staff and to staff and volunteers of related voluntary, community & statutory agencies unless stated otherwise in course particulars.

Courses are FREE.

Online events will open 20 minutes before start time to allow people to set up and join.



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<p>Briefing Session: Addiction Services in the Midwest IN PERSON This session, provided by the Midwest Regional Drugs & Alcohol Forum, aims to provide an overview of addiction services in the Midwest, including updates re new developments in the area. With an opportunity for Q & A.</p>	<p>In-Person Limerick city, Mon 24th April, 3pm – 4.30pm REGISTER HERE</p>	<p>Rionach Power, Development Worker, Midwest Regional Drugs & Alcohol Forum</p>
<p>2-day Introduction to Understanding Substance Use & Addiction IN PERSON Aim of the course is to gain a basic understanding of substance use, addiction and related issues, including basic drug awareness, process of addiction, effects on family members, local services available and treatment approaches they offer.</p>	<p>In-Person Limerick city, Tues 9th & Weds 10th May 2023, 10am – 4pm REGISTER HERE</p>	<p>Deirdre O'Donoghue, Education Officer, HSE Midwest Drug & Alcohol Services</p>
<p>SAOR © Training in Screening & Brief Intervention for Alcohol and Substance Use ONLINE & IN PERSON OPTIONS SAOR (Support, Ask and Assess, Offer Assistance, Refer) offers a step-by-step guide for practice, to guide workers in using a person-centred approach throughout their conversation, encounter or engagement with a person using their service. SAOR supports workers from their first point of contact with a person to enable them to deliver brief interventions and to facilitate those presenting with more complex needs.</p>	<p>In-Person Shannon, Weds 24th May, 9.45am - 4.45pm REGISTER HERE OR Online Tues 20th & Tues 27th June, 9.45am – 1pm (2 sessions to be attended) REGISTER HERE Note: This course requires a 90 minute pre-training online module to be completed on www.hseland.ie</p>	<p>Sancha Power, PhD & Anna O'Neill, Education Officers, HSE Midwest Drug & Alcohol Services</p>
<p>Intermediate Motivational Interviewing For Changing Addictive Behaviours, 2 Day Clinical Skills Training IN PERSON This training will take participants from a basic understanding of the model to a richer grasp of both the essence of this way of engaging clients/patients and the specific evidence base that supports this as one of the more effective ways of promoting change in a brief but lasting and meaningful context.</p>	<p>In-Person Limerick city, Weds 7th & 14th June, 9.45am-4.30pm, Limerick city REGISTER HERE Note: This course may only be requested by those who have already completed Introduction to Motivational Interviewing</p>	<p>Anna O'Neill, Education Officer, HSE Midwest Drug & Alcohol Services, Member of Motivational Network of Trainers (MINT)</p>

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